

# DO Day

**Distinctive in Healthcare  
Advocacy and Leadership**



## **2025 CONFERENCE PROGRAM**



AMERICAN  
OSTEOPATHIC  
ASSOCIATION



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# Welcome and Introduction

## **Registration is Now Open! Join us for the osteopathic profession's largest public policy and advocacy event of the year!**

The AOA is pleased to host **DO Day - Distinctive in Healthcare Advocacy and Leadership**. This premier osteopathic advocacy event offers virtual leadership and professional development CME and sessions for physicians, affiliate leaders and students and in-person advocacy opportunities to educate lawmakers about osteopathic physician and student issues.

This conference provides two opportunities to participate - there are virtual CME sessions on Saturday, March 22, and Sunday, March 23, and attendees can additionally sign-up for in-person briefing sessions and Congressional meetings on Wednesday, March 26, and Thursday, March 27, in Washington, DC.

The virtual conference content will be available for viewing through June 20 to provide you with the flexibility to watch the sessions during the conference dates or afterward at your convenience.

Attendees registering for the in-person Congressional meetings will be organized into small groups based on their home address and will be scheduled for three to six meetings with their U.S. Senate offices and members of the House of Representatives. Participation in Congressional meetings will be capped for each state. Registration limits for each state will be based on the size of the state's Congressional delegation and state osteopathic association, with space reserved in each state delegation for physicians and students.

Cultivating strong osteopathic advocates and facilitating meaningful relationships with lawmakers to help advance health policy is central to the AOA's mission. I want to personally thank you in advance for honoring our profession by your interest in, and commitment to, advocating on behalf of the entire osteopathic community.

I look forward to your participation in this event.

Sincerely,

Teresa A. Hubka, DO, FACOOG (Dist.)  
President  
American Osteopathic Association





# Registration and Housing Information

## Registration Information

Earn up to 12.5 AOA Category 1-A Credits or *AMA PRA Category 1 Credit™* from the convenience of your home or office. Registration includes access to two days of CME programming and unlimited access to on-demand session recordings through June 20, 2025, after the conference concludes.

### Registration fees:

- AOA Members: \$259
- Non-Members: \$599
- Residents: \$50\*
- Students: \$50\*
- Affiliate Executive Directors/CEOs: \$125\*

### Registration Options:

#### *Option #1\*: Virtual Conference and In-Person Congressional Meetings\**

- Space is limited for the in-person congressional meetings and registration for this option closes on March 7, 2025.
- This option includes virtual conference access as well as in-person congressional meetings.

#### *Option #2: Virtual Conference Only*

- This option includes access to the virtual leadership and professional development CME sessions.
- Residents, Students, and Affiliate Executive Directors/CEOs can participate in the virtual conference free of charge.
- Registration is open through early June.
- On-demand content is available for viewing through June 20, 2025.

## Housing and Travel Information

For those participating in the in-person congressional meetings, The Westin Arlington has hotel rooms available at the AOA group rate of \$259 (plus tax). The Westin Arlington is located at 801 North Glebe Road, Arlington, Virginia, USA, 22203.

[BOOK ONLINE HERE!](#)

For your convenience, there are two nearby airports to consider when planning your travel.

- **Ronald Reagan Washington National Airport (DCA):**  
The closest airport and best option, just a 25-minute drive from the hotel, offers a convenient option for attendees.
- **Washington Dulles International Airport (IAD):**  
Located approximately one hour from the hotel, this airport provides an additional travel option.

On **Thursday, March 27**, a **shuttle bus service** will be available to transport attendees to and from Capitol Hill for their Congressional meetings. Shuttle bus routes and schedules will be provided at the hotel during the advocacy training program.

Safe travels, and we look forward to seeing you at DO Day on Capitol Hill!

## Social Media

Connect with us on social media and join the conversation using **#DODay25**

- [www.facebook.com/osteopathicphysicians](http://www.facebook.com/osteopathicphysicians)
- <https://twitter.com/aoafordos>
- <https://www.linkedin.com/company/american-osteopathic-association>

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# Continuing Medical Education (CME) Information

## Designation

The American Osteopathic Association (AOA) designates this program for up to 12.5 AOA Category 1-A Credits and will report CME credits commensurate with the physician's participation in this program. The AOA designates this internet activity for up to 12.5 *AMA PRA Category 1 Credits™*.

The American Osteopathic Association (AOA) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

## CME/Certificate of Attendance

To claim your CME certificate or your certificate of attendance, you will need to complete an evaluation and CME credit hour attestation by July 1, 2025.



## Disclaimer

The information in this educational activity is provided for general medical education purposes only and is not meant to substitute for the independent medical judgment of a physician relative to diagnostic and treatment options of a specific patient's medical condition. The viewpoints expressed in this CME activity are those of the authors/faculty. They do not represent an endorsement by the AOA. In no event will the AOA be liable for any decision made or action taken in reliance upon the information provided through this CME activity.

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# DO Day 2025 Schedule of Events

DO Day 2025 will bring together osteopathic physicians, students, and affiliate leaders for virtual educational content and the option to participate in in-person congressional meetings. Earn AOA Category 1-A Credit or *AMA PRA Category 1 Credit™*.

Registration rates start at \$259. Look at the preliminary schedule of events to see what the overall conference has to offer! All times listed are Eastern Daylight Time.

## Saturday, March 22

### DO Day Virtual Conference

<b>TIME</b>	<b>EVENT</b>
9-10 a.m.	Main Stage: Keynote
10:15-11:15 a.m.	CME Sessions
11:30 a.m.-12:30 p.m.	CME Sessions
12:45-1:45 p.m.	CME Sessions

## Sunday, March 23

### DO Day Virtual Conference

<b>TIME</b>	<b>EVENT</b>
10-11 a.m.	CME Sessions
11:15 a.m-12:15 p.m.	CME Sessions
12:30-1:30 p.m.	CME Sessions
1:45-2:30 p.m.	General Session: <i>DO Day Legislative Issue Overview</i>

The CME Sessions consists of 3 tracks:

Physician

Affiliate Leader

Early Career

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# DO Day 2025 Schedule of Events

## Wednesday, March 26

*DO Day Preparation: In-Person*

TIME	EVENT	LOCATION
3-6 p.m.	Registration Badge Pickup	Westin Arlington
4-6 p.m.	Congressional Meeting Preparation Session	Westin Arlington
6-6:45 p.m.	Reception	Westin Arlington
7-9 p.m.	General Session / Awards Presentation	Westin Arlington

## Thursday, March 27

*DO Day Congressional Meetings: In-Person*

TIME	EVENT	LOCATION
7-8 a.m.	OPAC Breakfast	Westin Arlington
7:30-8 a.m.	Continental Breakfast	Westin Arlington
8-8:45 a.m.	Shuttle to Hill and Photo Opportunity	Westin Arlington
8 a.m.-5 p.m.	Continuous shuttle from the Westin Arlington to Capitol Hill and the AOA Townhouse	
9:30 a.m.-5 p.m.	Congressional Meetings**	Capitol Hill
9:30 a.m.-5 p.m.	DC Office Open House	DC Office 511 2nd Street, NE Washington, DC 20005

\*\*Your Congressional Meeting schedule will be provided through Soapbox Consulting

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# CONGRATULATIONS NEW INDUCTEES

## OMEGA BETA IOTA



*March 26, 2025*

*Victoria Boczon  
Reagan Boyett  
Mallory Britz  
Nathan Bruns  
Hailey Budensiek  
Leah Claus  
Shereece Dove  
Jessica Duffy  
Yasmine Ezzair  
Shivika Gaind  
Isaac Gollapalli*

*Anika Gupta  
Cassandra Holub  
Kimberly Ibarra  
Charles Johnson  
Murathan Kahyaoglu  
Pragna Krishnamurthy  
Olivia McLean  
Rianna McNamee  
Ikroop Miglani  
Adrienne Nguyen  
Philip Ordonez*

*Anmol Pardal  
Ani Patrikyan  
Tia Pattillo  
Jordan Samuel  
Leen Sharba  
Rebecca Slay  
D. Daulton Swan  
Emily Thach  
Dylan Trama  
Kathryn Werman  
Deanna Williams*

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# Main Stage: Keynote Sessions

## DO DAY KEYNOTE SPEAKER

**Saturday General Session Keynote Speaker**

**March 22 | 9-10 a.m. EDT**

**Presentation followed by Q&A**

**Leana Wen, MD**

**“Navigating the Health Policy Landscape:  
Challenges and Opportunities”**

Dr. Leana Wen, a leading public health and health policy expert and Washington Post columnist, will lead an insightful fireside chat. She will explore the current political landscape, sharing her expert perspective on the intersection of public health and policy, and offering a unique analysis of the challenges and opportunities our nation faces today.



Leana Wen, MD, is a practicing physician, healthcare executive, and one of America's leading public health experts. She is a columnist for The Washington Post, where she writes a twice-weekly column on medicine and public health and anchors the Post newsletter, "The Checkup with Dr. Wen". She is also a clinical associate professor at George Washington University, where she is a distinguished fellow of the Fitzhugh Mullan Institute for Health Workforce Equity; a nonresident senior fellow at the Brookings Institution; the host of HLTH's The Beat podcast; and a frequently featured on-air commentator, including as a medical analyst for CNN and guest contributor for NPR, PBS, and BBC.

Previously, she served as Baltimore's Health Commissioner, where she led the nation's oldest continuously operating health department in the U.S. to fight the opioid epidemic, address disparities and mental health access, and improve maternal and child health. She is author of two critically acclaimed books—*When Doctors Don't Listen: How to Avoid Misdiagnoses and Unnecessary Tests* and *Lifelines: A Doctor's Journey in the Fight for Public Health*.

A member of the Council on Foreign Relations, Dr. Wen has received recognition as one of Governing's Public Officials of the Year, Modern Healthcare's Top 50 Physician-Executives, World Economic Forum's Young Global Leaders, and TIME magazine's 100 Most Influential People.

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# General Sessions

## DO DAY LEGISLATIVE ISSUE OVERVIEW

### Sunday General Session

March 23 | 1:45-2:30 p.m. EDT

#### Sean Neal

#### John-Michael Villarama, MA

Join us for the legislative overview presentation, where you will learn more about the issues that you will be advocating for at DO Day on Capitol Hill. This year, we will advocate for:

- **Protecting Physician Practices and Medicare Access:** At DO Day, we will advocate for the Medicare Patient Access and Practice Stabilization Act (H.R. 879), which prevents further cuts to Medicare physician payments. This legislation is essential to ensure that osteopathic physicians can continue providing high-quality care to patients by keeping their practices open.
- **Addressing Barriers to Care:** Medicaid funding is a lifeline for vulnerable populations, and telehealth expansion is critical for ensuring continuity of care, particularly in rural and underserved areas. We will advocate for policies that maintain access to both Medicaid and telehealth services.
- **Investing in the Future Physician Workforce:** The Teaching Health Center Graduate Medical Education (THCGME) program plays a key role in training primary care physicians in underserved areas. Without reauthorization, we risk losing a crucial pipeline of physicians serving patients in need. Congress must act now to secure the future of this program.
- **Educating Lawmakers about the Osteopathic Profession:** Discuss the importance of the osteopathic profession and its contributions to improving patient care.



*Sean Neal*



*John-Michael Villarama, MA*

Don't miss this opportunity to make a difference. Join us and learn how to advocate for commonsense legislation that impacts the osteopathic profession and patients across the United States.

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# Physician Track

Day	Time (EDT)	Title	Speaker	CME Credit
3/22/2025	10:15-11:15 a.m.	Navigating the AI Landscape in Emergency Medicine: From Hype to Practical Application and the Ethics of Implementation	Owais U. Durrani, DO	1.0
	11:30 a.m.-12:30 p.m.	Identifying and Minimizing Conflicts of Interest Using Direct Primary Care	Philip Eskew, DO, JD, MBA, FAAFP, FACCP, FAOCOPM, FAOAAM	1.0
	12:45-1:45 p.m.	Advocacy Through a Subspecialist Lens	Jason R. Jackson, DO, FAAP, FACOP	0.75
3/23/2025	10-11 a.m.	Advocacy in the Clinical Environment	Douglas W. Harley, DO Jennifer L. Gwilym, DO	1.0
	11:15 a.m.-12:15 p.m.	Actionable Advocacy: Combating the Opioid Epidemic With Evidence-Based Public Health and Policy Solutions: Empowering Osteopathic Physicians to Lead Change	Parul Chhatpar, DO	0.5
	12:30-1:30 p.m.	Medicare Physician Payment Cuts and How the Medical Profession Can Make a Difference	Gabriel Miller Shawn M. Hamm, DO, MPH	1.0



Parul Chhatpar, DO



Owais U. Durrani, DO



Philip Eskew, DO, JD, MBA, FAAFP, FACCP, FAOCOPM, FAOAAM



Jennifer L. Gwilym, DO



Shawn M. Hamm, DO, MPH



Douglas W. Harley, DO



Jason R. Jackson, DO, FAAP, FACOP



Gabriel Miller

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# Affiliate Leader Track

Day	Time (EDT)	Title	Speaker	CME Credit
3/22/2025	10:15-11:15 a.m.	Healthcare Enforcement Trends and Government Engagement	John E. Kelly, Jr., JD	1.0
	11:30 a.m.-12:30 p.m.	CME Unlocked: The AOA Accreditation Advantage	Amanda Weir, MBA Lyndsey Aspaas, CHCP	1.25
	12:45-1:45 p.m.	Strengthening Rural Healthcare Through Osteopathic Advocacy	Sean Neal Ray L. Morrison, DO, FACOS, DFACS	1.25
3/23/2025	10-11 a.m.	State Advocacy in Action: Confronting Scope Battles and Evolving Licensing Models	Bre Schmidt Shannon C. Scott, DO	1.0
	11:15 a.m.-12:15 p.m.	Mastering the Art of Planning an In-Person Advocacy Conference	Dawn Amaskane, CAE, CMP Colleen Bagnasco, CAE, CMP	0.5



*Dawn Amaskane,  
CAE, CMP*



*Lyndsey Aspaas,  
CHCP*



*Colleen Bagnasco,  
CAE, CMP*



*John E. Kelly, Jr., JD*



*Ray L. Morrison, DO,  
FACOS, DFACS*



*Sean Neal*



*Bre Schmidt*



*Shannon C. Scott, DO*



*Amanda Weir, MBA*

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# Early Career Track

Day	Time (EDT)	Title	Speaker	CME Credit
3/22/2025	10:15-11:15 a.m.	Building a Team to Make Political Action Happen for \$0	Timothy "Ross" Thompson, OMS II	1.25
	11:30 a.m.-12:30 p.m.	Advocacy in Medicine: Transitioning to Residency and Beyond	Amber K. Shirley, OMS IV Syed A. Rizvi, OMS IV Brienne Howerton, DO	N/A
	12:45-1:45 p.m.	Recognizing and Dealing With Imposter Syndrome as Healthcare Providers	Cassandra Holub, OMS IV	1.0
3/23/2025	10-11 a.m.	Financial Planning During Residency	Chirag Shah, MD Alex Macielak	N/A
	11:15 a.m.-12:15 p.m.	A Call to Action: Supporting Mental Health for Future Physicians	Chandrika Sanapala, OMS III Meghan Muppala, OMS III	N/A



Cassandra Holub, OMS IV



Brienne Howerton, DO



Alex Macielak



Meghan Muppala, OMS III



Syed A. Rizvi, OMS IV



Chandrika Sanapala, OMS III



Chirag Shah, MD



Amber K. Shirley, OMS IV



Timothy "Ross" Thompson, OMS II

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A M E R I C A N  
O S T E O P A T H I C  
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