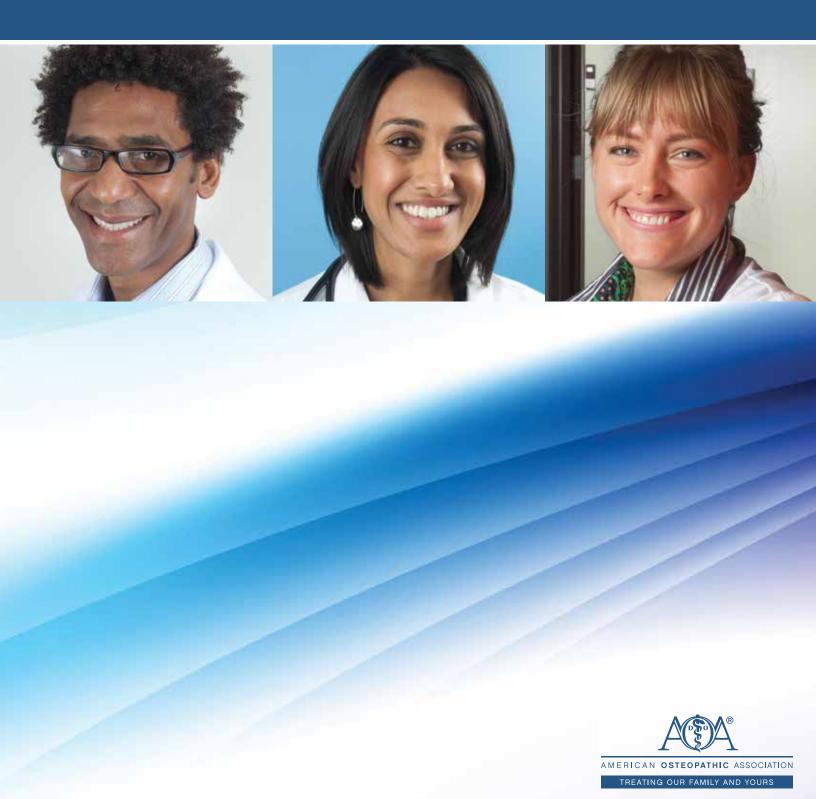
# 2013 OSTEOPATHIC MEDICAL PROFESSION REPORT



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# **OSTEOPATHIC PHYSICIANS (DOs)**

#### THE OSTEOPATHIC MEDICAL PROFESSION

Developed more than 130 years ago by Andrew Taylor Still, MD, DO, osteopathic medicine brings a unique philosophy to traditional medicine. With an emphasis on the inter-relationship of the body's nerves, muscles, bones, and organs, osteopathic medical school curriculum prepares osteopathic medical students to apply the philosophy of treating the whole person to prevent, diagnose and treat illness, disease and injury.

Osteopathic physicians (DOs) are fully licensed to prescribe medicine and practice in all specialty areas, including surgery. DOs are trained to consider the health of the whole person and use their hands to help diagnose and treat their patients.

# **As of May 31, 2013** Number of DOs: 82,146\*

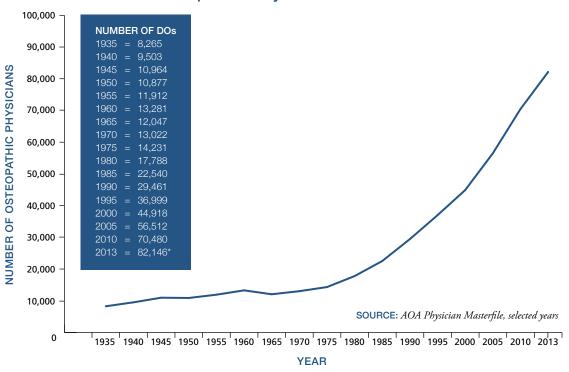
Estimated number of DOs in active practice: 73,074

\* This number does not include the 2013 osteopathic medical school graduates. Including an estimated 5,154 graduates, there are an estimated 87,300 DOs in the United States.

# **Growth in Osteopathic Physicians**

DOs are one of the fastest-growing segments of health care professionals in the United States. At the current rate of growth, it is estimated that more than 100,000 osteopathic physicians will be in active medical practice by the year 2020. The graph below shows the growth in the number of DOs since 1935.

# Number of Osteopathic Physicians 1935-2013



<sup>\*</sup> This number does not include the 2013 osteopathic medical school graduates. Including an estimated 5,154 graduates, there are an estimated 87,300 DOs in the United States.

#### AS OF MAY 31, 2013

Number of accredited OPTIs: 20 Approved Internship Training Programs: 126 Approved Internship Training Positions: 1,256 Approved Residency Training Programs: 942 Approved Residency Training Positions: 10,759

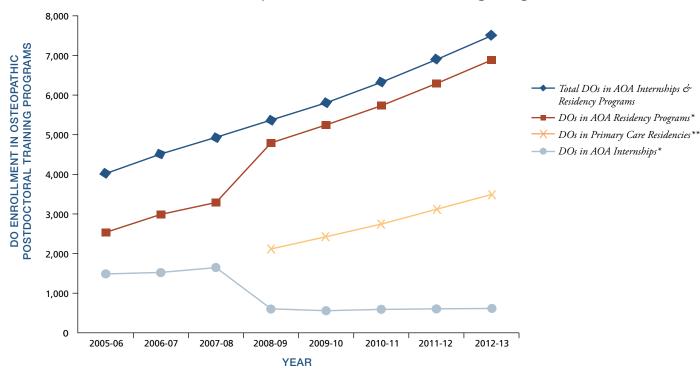
## Osteopathic Postdoctoral Training Institution & Program **Enrollment**

The American Osteopathic Association (AOA) established the Osteopathic Postdoctoral Training Institution (OPTI) in 1995.

Each OPTI is a community-based training consortium composed of at least one college of osteopathic medicine and one hospital. Other hospitals and ambulatory care facilities may also partner within an OPTI. Community-based health care facilities such as ambulatory care clinics, rehabilitation centers and surgicenters now have the resources and support necessary to provide physician training with an OPTI's assistance.

The following graph and table illustrate the growth in osteopathic physician enrollment in postdoctoral training programs for each academic year since 2005-06. They also illustrate the growth in number of DOs in primary care residencies. Today, over 50% of DOs in AOA residency programs are in primary care residencies, which include general practice, family practice, pediatrics, internal medicine, and obstetrics/gynecology.

# DO Enrollment in Osteopathic Postdoctoral Training Programs



	2010-11	2011-12	2012-13
Total DOs in AOA Internship & Residency Programs	6,322	6,895	7,498
DOs in AOA Residency Programs	5,731	6,290	6,883
DOs in AOA Internships	591	605	615
DOs in AOA Primary Care Residencies	2,744	3,117	3,491

SOURCE: AOA Intern/Resident contracts received by AOA Department of Education and AOA's Trainee Information, Verification, and Registration Audit System for academic year shown.

<sup>\*</sup> In July 2008, the AOA restructured the first postdoctoral year of training. As a result, most first-year positions are now offered as residency positions, though internships are still required in certain specialties. Prior to 2008, all AOA first-year postdoctoral training was classified as an internship.

<sup>\*\*</sup> Prior to 2008-09, trainees spent the first year of training in an AOA internship program.

# **DIVERSITY AMONG OSTEOPATHIC PHYSICIANS**

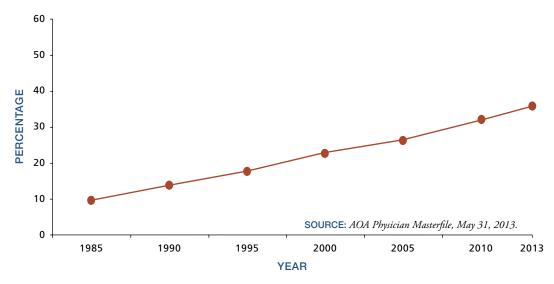
#### **GROWTH IN FEMALE OSTEOPATHIC PHYSICIANS**

Since the first class convened at the American School of Osteopathy in 1892-93, women have been a part of the osteopathic medical profession. Today, women account for over one-third of all DOs, and this number is expected to continue to rise as more and more women enroll in osteopathic medical schools around the U.S.

# **Percent of Female Osteopathic Physicians**

	1985	1990	1995	2000	2005	2010	2012	2013
Percent	9.7	13.9	17.9	22.8	26.7	32.0	33.8	34.6

# Percent of Female Osteopathic Physicians 1985-2013



The table below further illustrates the increase in female osteopathic physicians. Today, almost half of all DOs in active practice four years or less after graduation are female.

# DOs in Active Practice by Number of Years after Osteopathic Medical School Graduation

# Years after Graduation	Female	Male	Total	% Female
0-4	7,686	8,280	15,966	48.1
5-9	6,952	7,706	14,658	47.4
10-14	4,777	7,341	12,118	39.4
15-19	3,304	6,091	9,395	35.2
20-24	2,268	5,189	7,457	30.4
25-29	1,641	5,237	6,878	23.9
30+	932	5,670	6,602	14.1
Total	27,560	45,514	73,074	37.7

SOURCE: AOA Physician Masterfile, May 31, 2013.

NOTE: Active practice includes all osteopathic physicians under the age of 65 who are not known to be inactive or retired.

#### OSTEOPATHIC PHYSICIANS WITHIN THE U.S.

#### STATES WITH THE LARGEST DO POPULATION

DOs have historically been concentrated in a few states like Michigan, Pennsylvania and Ohio. However, in recent years this pattern has changed, and DO populations are increasing distribution throughout all 50 states.

# Distribution of DOs in States With Top DO Populations

	1	1984	2013				
State	DOs	% of total DO population	State	DOs	% of total DO population		
MI	3,246	15.1	PA	7,836	9.5		
PA	2,753	12.9	MI	6,880	8.4		
OH	1,894	8.8	FL	5,961	7.3		
TX	1,476	6.8	CA	5,881	7.2		
MO	1,375	6.4	NY	5,401	6.6		
FL	1,373	6.4	ОН	5,170	6.3		
Total	10,744	56.4	Total	37,129	45.2		

SOURCE: AOA Physician Masterfile, May 31, 2013.

# DO Population Within all 50 States and Washington, D.C.

The table below is a detailed look at the number of DOs in each state, the number of actively practicing DOs in each state, and the number of AOA members in each state.

# State of Residence of All DOs, DOs in Active Practice, and AOA DO Members

	All DOs	All DOs DO		e Practice	AOA DO M	lembers
State	#	%*	#	%*	#	<b>%</b> *
AK	191	0.2	173	0.2	77	0.2
AL	540	0.7	501	0.7	213	0.5
AR	327	0.4	293	0.4	147	0.3
AZ	2,353	2.9	1,930	2.6	1,264	2.8
CA	5,881	7.2	5,541	7.6	3,018	6.6
CO	1,374	1.7	1,181	1.6	615	1.4
CT	608	0.7	596	0.8	213	0.5
DC	107	0.1	101	0.1	29	0.1
DE	349	0.4	307	0.4	184	0.4
FL	5,961	7.3	4,984	6.8	4,016	8.8
GA	1,159	1.4	1,030	1.4	501	1.1
HI	280	0.3	263	0.4	92	0.2
IA	1,505	1.8	1,330	1.8	566	1.2
ID	377	0.5	347	0.5	145	0.3
IL	3,204	3.9	3,010	4.1	1,562	3.4
IN	1,132	1.4	1,006	1.4	635	1.4
KS	949	1.2	839	1.1	432	1.0
KY	729	0.9	685	0.9	385	0.8
LA	224	0.3	209	0.3	80	0.2
MA	907	1.1	863	1.2	264	0.6
MD	960	1.2	912	1.2	359	0.8
ME	842	1.0	754	1.0	482	1.1
MI	6,880	8.4	5,778	7.9	5,673	12.5
MN	719	0.9	679	0.9	293	0.6
MO	2,633	3.2	2,184	3.0	1,426	3.1
MS	440	0.5	412	0.6	214	0.5
MT	208	0.3	193	0.3	89	0.2
NC	1,224	1.5	1,152	1.6	555	1.2
ND	84	0.1	76	0.1	34	0.1
NE	240	0.3	228	0.3	78	0.2
NH	340	0.4	326	0.4	128	0.3
NJ	4,025	4.9	3,528	4.8	2,311	5.1

(Continued on the next page)

State of Residence of All DOs, DOs in Active Practice, and AOA DO Members (Continued)

	All DOs		DOs in Active Practice AOA DO Mem		Members	
State	#	%*	#	%*	#	%*
NM	339	0.4	277	0.4	180	0.4
NV	746	0.9	659	0.9	396	0.9
NY	5,401	6.6	5,122	7.0	2,371	5.2
ОН	5,170	6.3	4,581	6.3	3,515	7.7
OK	2,147	2.6	1,867	2.6	1,580	3.5
OR	932	1.1	822	1.1	443	1.0
PA	7,836	9.5	6,857	9.4	4,972	11.0
RI	268	0.3	244	0.3	134	0.3
SC	621	0.8	564	0.8	296	0.7
SD	172	0.2	155	0.2	67	0.1
TN	902	1.1	813	1.1	423	0.9
TX	5,000	6.1	4,326	5.9	2,115	4.7
UT	474	0.6	445	0.6	145	0.3
VA	1,546	1.9	1,478	2.0	752	1.7
VT	92	0.1	81	0.1	42	0.1
WA	1,289	1.6	1,105	1.5	597	1.3
WI	1,049	1.3	952	1.3	499	1.1
WV	975	1.2	910	1.2	638	1.4
WY	115	0.1	110	0.2	62	0.1
Total U.S.	81,826	99.6	72,779	99.6	45,307	99.8
Unknown or outside U.S.	320	0.4	295	0.4	82	0.2
Total	82,146	100.0	73,074	100.0	45,389	100.0

<sup>\*</sup>Counts based on preferred mailing address, which can be either home or business. Cases where no preferred address is indicated are treated as unknown. SOURCE: AOA Physician Masterfile, May 31, 2013.

# **OSTEOPATHIC PHYSICIAN SPECIALTIES**

#### DO DISTRIBUTION AMONG SELF IDENTIFIED PRACTICE SPECIALTIES

Due to an aging U.S. population and a preference by graduates to enter specialty practice, the country is facing an impending primary care physician shortage. In 2013, more than 60% of DOs in active practice with self-identified specialties are primary care physicians. These DOs practice in any of the following specialties: general practice, family practice, pediatrics, internal medicine, and obstetrics/gynecology.

# Self-Identified DO Practice Specialties 1984-2013

g	Family and eneral prac		General medi		Pediatric adoles medic	cent	Obste	trics	Osteop manipu medicine or osteo manipu treatmen specia	ulative (OMM) opathic ulative ut (OMT)	Other sp	ecialty
Year	DOs	%	DOs	%	DOs	%	DOs	%	DOs	%	DOs	%
2013	22,176	36.9	7,817	13.0	3,490	5.8	2,771	4.6	1,134	1.9	22,633	37.7
2012	22,363	37.9	7,618	12.9	3,373	5.7	2,727	4.6	946	1.6	22,003	37.3
2011	22,834	39.0	7,481	12.8	3,284	5.6	2,698	4.6	811	1.4	21,402	36.6
2010	19,737	39.1	5,687	11.3	2,612	5.2	2,170	4.3	902	1.8	19,010	37.7
2009	18,964	40.9	4,620	10.0	2,178	4.7	2,001	4.3	813	1.8	17,613	38.0
2008	18,680	42.6	4,171	9.5	1,995	4.5	1,858	4.2	656	1.5	16,178	36.9
2007	18,976	44.7	4,037	9.5	1,791	4.2	1,637	3.9	602	1.4	14,665	34.5
2006	18,610	46.1	3,468	8.6	1,325	3.3	1,543	3.8	498	1.2	14,020	34.7
2005	17,800	46.3	3,107	8.1	1,176	3.1	1,465	3.8	464	1.2	13,431	34.9
2004	16,752	45.5	2,994	8.1	1,127	3.1	1,416	3.8	448	1.2	13,050	35.5
1994	10,136	44.8	1,487	6.6	560	2.5	754	3.3	753	3.3	8,048	35.5
1984	7,224	56.4	598	4.7	236	1.8	361	2.8	62	0.5	3,033	23.7

NOTES/SOURCES: The table includes only DOs in active practice who have self identified their practice specialty. "Pediatrics and adolescent medicine" includes all specialties where the patient is a child or an adolescent and includes both general pediatricians and pediatric specialities. The categories "family and general practice" and "general internal medicine" do not include family physicians, general practitioners and general internists who also practice secondary specialties. Those osteopathic physicians are counted under "other specialty." The category "OMT/OMM" includes family physicians who stress OMT in their practices in addition to osteopathic physicians who specialize in OMM. There are 13,053 DOs in active practice who have an unknown specialty and are not included in the above table.

Number of AOA Certifying Boards: 18 (As of May 31, 2013)

## Number of DOs Actively Board Certified by the AOA

2007-08	2008-09	2009-10	2010-11	2011-12	2012-13
22,205	22,395	23,001	23,885	24,870	26,017

# Number of Specialty, Subspecialty and Areas of Added Qualifications Possible for AOA Certification

2007-08	2008-09	2009-10	2010-11	2011-12	2012-13
67	72	75	75	77	77

## **AGE OF PHYSICIAN POPULATION**

# Age of DOs in Active Practice

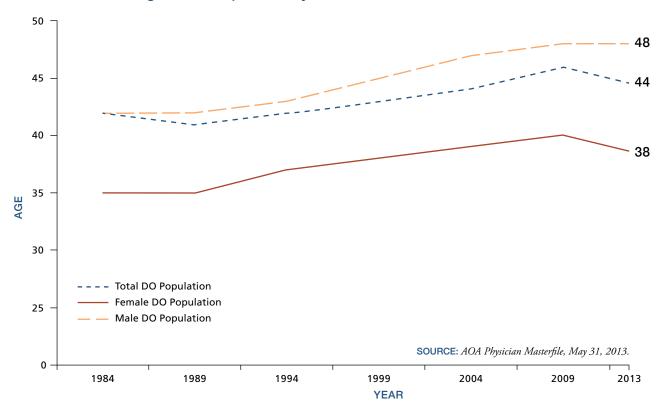
Age	Female	Male	Total	% of all Female
< 35	10,135	9,655	19,790	36.8
35-44	9,262	13,834	23,096	33.6
45-54	5,004	11,072	16,076	18.2
55-64	2,818	10,562	13,380	10.2
Age Unknown	342	390	732	1.2
Total	27,561	45,513	73,074	100.0

SOURCE: AOA Physician Masterfile, May 31, 2013.

# Age of the DO Population by Gender

The following graph shows further detail of the DO population by age and gender.

# Median Age of Osteopathic Physicians



# The DO Population by Age

Age	1984		19	1994		2004		2013	
	DOs	%	DOs	%	DOs	%	DOs	%	
< 35	6,136	28.4	7,379	21.1	11,537	21.4	19,810	24.1	
35-44	5,832	27.0	13,326	38.1	15,782	29.3	23,110	28.1	
45-54	3,210	14.9	6,535	18.7	14,752	27.3	16,161	19.7	
55-64	2,753	12.7	3,085	8.8	6,552	12.1	13,805	16.8	
65+	3,680	17.0	4,631	13.2	5,318	9.9	8,511	10.4	
Age Unknown							749	0.9	
Total	21,611	100.0	34,956	100.0	53,941	100.0	82,146	100.0	
Median Age:	4	2	4	2	2	14	4	4	

# Female DO Population by Age

Age	1984		19	1994		2004		2013	
	DOs	%	DOs	%	DOs	%	DOs	%	
< 35	940	49.8	2,185	36.7	4,711	33.9	10,135	35.7	
35-44	348	18.4	2,716	45.6	4,963	35.7	9,271	32.7	
45-54	87	4.6	615	10.3	3,298	23.7	5,058	17.8	
55-64	108	5.7	95	1.6	684	4.9	2,948	10.4	
65+	406	21.5	347	5.8	250	1.8	636	2.2	
Age Unknown							342	1.2	
Total	1,889	100.0	5,958	100.0	13,906	100.0	28,390	100.0	
Median Age:		35	3	37	3	9	3	8	

# Male DO Population by Age

Age	1984		199	1994		2004		2013	
	DOs	%	DOs	%	DOs	%	DOs	%	
< 35	5,196	26.3	5,194	17.9	6,826	17.1	9,656	18.0	
35-44	5,484	27.8	10,610	36.6	10,819	27.0	13,838	25.8	
45-54	3,123	15.8	5,920	20.4	11,454	28.6	11,103	20.7	
55-64	2,645	13.4	2,990	10.3	5,868	14.7	10,857	20.2	
65+	3,274	16.6	4,284	14.8	5,067	12.7	7,875	14.7	
Age Unknown							393	0.7	
Total	19,722	100.0	28,998	100.0	40,034	100.0	53,722	100.0	
Median Age:	4	2	4:	3		47		48	

SOURCE: AOA Physician Masterfile, May 31, 2013.

## **OSTEOPATHIC MEDICAL STUDENTS**

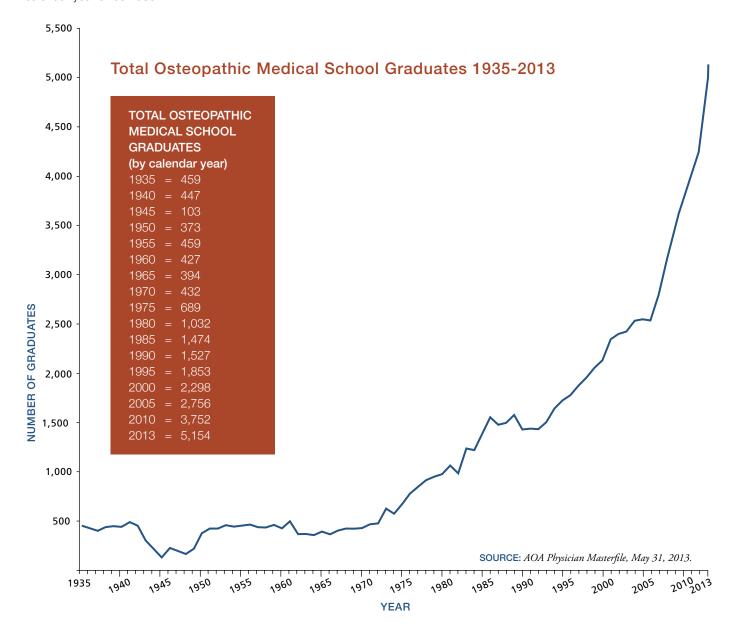
In addition to the DO population growth, the osteopathic medical student population is increasing. In the 2013-14 academic year, the AOA's Commission on Osteopathic College Accreditation (COCA) accredits 29 colleges of osteopathic medicine operating in 37 locations. The table below illustrates the growth in osteopathic medical school student enrollment each academic year since 2007-08.

## Percent Increase of Osteopathic Medical School Enrollment

	2007-08	2008-09	2009-10	2010-11	2011-12	2012-13
Total enrollment	15,634	16,893	18,033	19,427	20,663	21,741
Change from prior year	8.5%↑	8.1%	6.7% ↑	7.7% ↑	6.4%↑	5.2% ↑

SOURCE: Total Enrollment by Gender 1968-2013 (March 25, 2013). www.aacom.org/data. All osteopathic medical student statistics used with permission from the American Association of Colleges of Osteopathic Medicine (AACOM).

The graph below illustrates the growth in osteopathic medical school graduates each calendar year since 1935.



# **Growth in Colleges of Osteopathic Medicine Enrollment**

For a more detailed look at the increase in osteopathic medical school students, the table on this page reports the number of enrolled osteopathic medical school students for each osteopathic medical school or branch campus in the past three years, where applicable.

# Osteopathic Medical School Total Enrollment by Academic Year

College of Osteopathic Medicine		Total Enrollmen	t
	2010-11	2011-12	2012-13
ATSU-KCOM A.T. Still University – Kirksville College of Osteopathic Medicine	701	692	696
ATSU-SOMA A.T. Still University - School of Osteopathic Medicine - Arizona	409	419	425
MWU/AZCOM Midwestern University/Arizona College of Osteopathic Medicine	913	1,010	1,024
MWU/CCOM Midwestern University/Chicago College of Osteopathic Medicine	754	770	797
<b>DMU-COM</b> Des Moines University College of Osteopathic Medicine	871	886	892
<b>KCUMB-COM</b> Kansas City University of Medicine and Biosciences' College of Osteopathic Medicine	985	986	971
LECOM Lake Erie College of Osteopathic Medicine	1,236	1,345	1,457
<b>LECOM-Bradenton</b> Lake Erie College of Osteopathic Medicine – Bradenton	626	671	708
<b>LMU-DCOM</b> Lincoln Memorial University— DeBusk College of Osteopathic Medicine	620	617	697
MSUCOM Michigan State University College of Osteopathic Medicine	1,068	1,161	1,256
NSU-COM Nova Southeastern University College of Osteopathic Medicine	954	970	976
NYITCOM New York Institute of Technology College of Osteopathic Medicine <sup>2</sup>	1,178	1,186	1,190
<b>OSU-COM</b> Oklahoma State University Center for Health Sciences College of Osteopathic Medicine	359	365	385
OU-HCOM Ohio University Heritage College of Osteopathic Medicine	465	492	513
PCOM Philadelphia College of Osteopathic Medicine	1,100	1,087	1,091
GA-PCOM Georgia Campus – Philadelphia College of Osteopathic Medicine	343	390	435
PNWU-COM Pacific Northwest University of Health Sciences, College of Osteopathic Medicine	224	294	300
RVUCOM Rocky Vista University College of Osteopathic Medicine	464	608	631
TouroCOM Touro College of Osteopathic Medicine in New York City	510	528	537
TUCOM Touro University California, College of Osteopathic Medicine	551	562	559
TUNCOM Touro University Nevada College of Osteopathic Medicine	531	538	541
RowanSOM Rowan University School of Osteopathic Medicine	510	549	597
UNECOM University of New England College of Osteopathic Medicine	508	508	500
<b>UNTHSC/TCOM</b> University of North Texas Health Science Center Texas College of Osteopathic Medicine <sup>1</sup>	728	800	849
<b>UP-KYCOM</b> University of Pikeville – Kentucky College of Osteopathic Medicine	304	309	373
VCOM-Virginia Edward Via College of Osteopathic Medicine – Virginia Campus	719	748	756
VCOM-Carolinas Edward Via College of Osteopathic Medicine – Carolinas Campus		162	321

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Total	19,427	20,663	21,741
WVSOM West Virginia School of Osteopathic Medicine	811	813	837
WCUCOM William Carey University College of Osteopathic Medicine	110	211	317
<b>Western U/COMP-Northwest</b> Western University of Health Sciences College of Osteopathic Medicine of the Pacific-Northwest <sup>3</sup>			
WesternU/COMP Western University of Health Sciences College of Osteopathic Medicine of the Pacific	875	986	1,110

NOTES: 'Applicants for UNTHSC/TCOM use the Texas Statewide Application Service. 2NYITCOM's data includes the Accelerated Program for Emigré Physicians (APEP) students. <sup>3</sup>Western U/COMP-Northwest first-year enrollment, total enrollment and graduates are combined with its main campus WesternU/COMP beginning academic year

SOURCE: Applications, Enrollment and Graduates by Osteopathic Medical College (March 25, 2013). www.aacom.org/data. All osteopathic medical student statistics used with permission from AACOM.

#### **DIVERSITY AMONG OSTEOPATHIC MEDICAL STUDENTS**

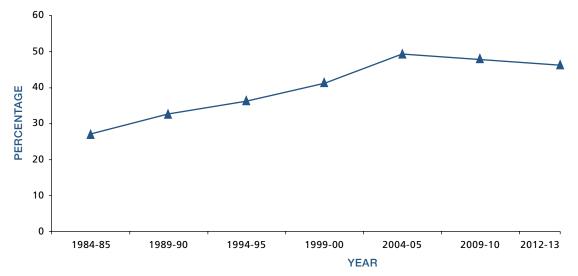
#### **GROWTH IN FEMALE OSTEOPATHIC MEDICAL STUDENTS**

While few career paths were open to women in the late 1800s, the first class to convene at the American School of Osteopathy in 1892-93 included women. The number of female DOs increased until World War II, when female enrollment sharply decreased. However, by the 1960s women were again a prominent number in osteopathic medical schools. Today, women account for nearly half of the total enrollment in osteopathic medical schools.

# Percent of Female Osteopathic Medical Students

	1989-90	1994-95	1999-00	2004-05	2009-10	2012-13
Percent	31	35	40	49	48	46

# Percent of Female Osteopathic Medical Students 1985-2013



SOURCE: Total Enrollment by Gender 1968-2013 (March 25, 2013). www.aacom.org/data. All osteopathic medical student statistics used with permission from AACOM.

While the percent of female enrollment in osteopathic medical schools has declined in recent years, the total number of female osteopathic medical students has steadily increased.

## Total Osteopathic Medical School Enrollment by Gender

Academic Year	# of Males	%	# of Females	%	Total Enrolled
2006-07	7,163	50	7,246	50	14,409
2007-08	7,904	51	7,730	49	15,634
2008-09	8,678	51	8,215	49	16,893
2009-10	9,442	52	8,591	48	18,033
2010-11	10,259	53	9,168	47	19,427
2011-12	11,117	54	9,546	46	20,663
2012-13	11,818	54	9,923	46	21,741

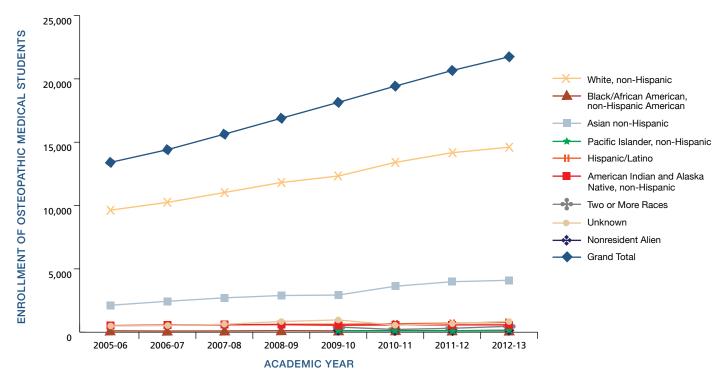
SOURCE: Total Enrollment by Gender 1968-2013 (March 25, 2013). www.aacom.org/data. All osteopathic medical student statistics used with permission from AACOM.

# **Ethnicity of Osteopathic Medical Students**

The diversity of osteopathic medical schools is not only represented in the female population. The American Association of Colleges of Osteopathic Medicine plays a critical role in encouraging all minorities to pursue a career in osteopathic medicine.



# Osteopathic Medical School Enrollment



SOURCE: Total Enrollment by Race and Ethnicity, (March 15, 2013). www.aacom.org/data. All osteopathic medical student statistics used with permission from AACOM.

#### TOTAL OSTEOPATHIC MEDICAL STUDENT ENROLLMENT BY RACE/ETHNICITY

Race/Ethnicity	2008-09	2009-10	2010-11	2011-12	2012-13
Total White/Non-Hispanic	11,819	12,271	13,405	14,174	14,605
%	69.9	68.1	69.0	68.6	67.2
Total Asian/Pacific Islander	2,895	3,014	3,774	3,987	4,194
%	17.1	16.7	19.4	19.3	19.3
Total Black/African American	595	540	576	576	582
%	3.5	3.0	3.0	2.8	2.7
Total Hispanic/Latino	626	619	664	717	773
%	3.7	3.4	3.4	3.5	3.6
Native American/Alaska Native	121	104	130	111	109
%	0.7	0.6	0.7	0.5	0.5
Total other or not entered**	845	1,485	878	1,098	1,478
%	5.0	8.2	4.5	5.3	6.8
Total	16,901*	18,033	19,427	20,663	21,741

<sup>\*2008-09</sup> totals more than the 16,893 students because of multiple entries allowed.

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<sup>\*\*</sup>In 2009-10, this category expanded to include "unknown," "non-resident alien" and "two or more races."



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